

District of Columbia Food Banks/Programs¹

Updated: June 2018

Name/Contact Information	What Food is Distributed	When is Food Distributed	How often can you access/What you should bring	Eligibility
Capital Area Food Bank Hunger Lifeline 202-644-9807 (p) https://www.capitalareafoodbank.org/get-help/	Individuals in need of assistance can call the Hunger Lifeline (M-F, 9 am – 5 pm) for a referral to a specific agency that can provide direct food assistance. Better yet, individuals can find extensive information on food pantries, soup kitchens, and a huge range of social services by going to the website and typing in one's zip code.	N/A	Agency does not distribute food directly and no longer distributes referrals.	All can access website to find local food resources.
Father McKenna Center 19 Eye Street NW Washington, DC 20001 202-842-1112 (p)	Usually about two grocery bags of staples (dozen eggs, a half-	Monday-Friday, 10:45 am-11:50pm.	Every 14 days. Must bring:	(1) Reside in Ward 6; and (2) receive SNAP, Medicaid, Medicare or SSI.

¹ This list is not exhaustive; it is a collection of some of the food bank/pantry/programs in the District.

<p>info@fathermckennacenter.org</p> <p>http://fathermckennacenter.org/what-we-do/food-pantry/</p>	<p>gallon of milk, meat, fresh bread and produce, and a selection of rice and pasta, cereal, canned vegetables and fruit, tuna and other quality foods).</p>		<ol style="list-style-type: none"> 1) Proof of residency (lease, rent receipt, utility bill); 2) Photo id; 3) Proof of benefits eligibility (SNAP, Medicaid, Medicare or SSI). <p>Bringing own grocery bags is preferred.</p>	
<p>Bread for the City Northwest Center: 1525 7th Street NW Washington, DC 20001 202-265-2400 (p)</p> <p>Southeast Center: 1640 Good Hope Road SE Washington, DC 20020 202-561-8587 (p)</p> <p>http://www.breadforthecity.org/</p>	<p>Three day supply of groceries (unprepared food; mostly canned food).</p>	<p>NW Center: M-Th, 8:30am-5pm. Fri. 8:30am-12pm. But closed 12pm-1pm every day.</p> <p>SE Center: M-Th. 9pm-5pm; Fri. 9pm-12pm. But closed 12pm – 1pm every day.</p>	<p>Once a month.</p> <p>Bring photo identification to each visit; to intake, must also bring:</p> <ol style="list-style-type: none"> 1) Proof of address and access to cooking facility in DC (recent rental receipt; DHS statement; lease; utility bill); 2) If seeking food for spouse or dependents, bring proof of spouse and/or dependents (school records; medical bills; apartment lease; TANF papers; DHS letter with spouse or child’s name. Does NOT accept social security cards, birth certificates, or Medicaid cards); 3) Proof of income (paystub/receipt; public benefits letter; copied check; SSI, SSDI, VA, OPM or other fixed income statement). 	<p>Must first do an intake and be accepted as a client. NW intake days: Monday-Thursday, 8:30-11 and 1-4; Friday, 8:30-11. SE intake days: Monday-Thursday, 9-11.</p> <p>Must: (1)Live in D.C. AND (2)Income within 200% of federal poverty line; AND</p>
<p>Covenant Baptist Food Bank 3845 South Capitol Street SW Washington, D.C. 20032 (202) 562-5576 (p) info@covenantdc.org</p>	<p>Mostly canned goods; sometimes meat, bread, and pastries.</p>	<p>Thursday, 9:30am-12:30pm.</p>	<p>Once a week.</p> <p>Bring government issued photo identification. If you are seeking food for children, you must bring a lease showing</p>	<p>No income criteria; must be a D.C. resident.</p>

http://www.covenantdc.org/index.php/food-bank			that kids live in your household OR social security numbers of all household members. Must bring a document to prove residency if not on your ID.	
Assumption Food Bank 3401 Martin Luther King Jr. Avenue SE Washington, DC 20032 (rear door) 202-561-5941 (p) 202-561-4024 (f) outreach@assumptiondc.org http://assumptiondc.org/outreach/	Two grocery bags of non-perishable food items.	Monday, Wednesday, Friday 9am-12pm (arrive no later than 11:30am).	Once a month. Bring valid D.C. photo identification or proof of residency and grocery bags.	Ward 8 residents.
Calvary's Food Bank 600 W Street NE Washington, DC 20002 202-635-9050 (p) 202-269-9647 (f)		Tuesday and Thursday, 10 am – 2:30 pm.	Bring bags. Two forms of ID (one must be photo, other can be social security card). To prove existence of children in household, bring birth certificate or social security card.	First visit must be on a Thursday (12pm - 1:40pm) to complete an intake. DC residents.
St. Phillip Church Anacostia 2001 14th Street SE Washington, D.C. 20020 202-678-4300 (p) 202-678-4577 (attention: Jane Miller) st.philip@verizon.net http://stphilipanacostia.com/our-programs/	Canned goods and dried goods.	Monday and Wednesday, 10am-2pm.	Once every three months.	Wards 7 and 8. Referral (from case manager, social worker, or facility) required. Referral must include client's name, address, and number of family members.
Canaan Baptist Church 1607 Monroe Street NW Washington, DC 20010 202-234-5330 (p)	Food staples, canned goods, and emergency food bags.	Tuesdays 11am-2pm	If being referred, bring identification.	Referral preferred.

http://www.canaanbapt.com/feeding-ministry.html				
Food and Friends 219 Riggs Road NE Washington, DC 20011 202-269-2277 (p) 202-635-4261 (f) http://www.foodandfriends.org/site/pp.asp?c=ckLSI8NNIdJ2G&b=7565287	Packaged groceries (nonperishables) or meals.	Delivery: Monday-Friday, 10-3. Pick up: Monday-Friday, 10-5.	Either can have meals delivered three times a week or pick up groceries once a week.	DC/VA/MD residents with AIDS, cancer, receiving hospice care; that have a compromised nutritional status and a limited ability to prepare own meals. Doctor or case manager must submit referral (form located on website) For their detailed eligibility criteria, see http://www.foodandfriends.org/atf/cf/%7B5a700eee-9db8-41d1-bc9b-80c08c5cf9db%7D/QUICK%20ELIGIBILITY%20REFERENCE%20CHART.PDF
Peace Lutheran Church – Ward 7 Food Center 4929 Ames Street NE Washington, DC 20019 (202) 398-5504 (p) ward7foodcenter@yahoo.com http://www.peacedc.org	Non-perishable items.	Monday-Thursday, 10am-2pm (by appointment only; no walk-ins).	Once a month. They provided an emergency two day supply of food only. First time must bring photo identification, proof of residency, proof of household size, and proof of income.	Families in far NE DC (Ward 7); referral required. Referring agency must call and must make an appointment for the client the day before food pickup.
People's Congregational Church 4704 13 th Street NW Washington, DC 20011 202-829-5511 (p) foodpantry@peopleschurchucc.org http://peopleschurchucc.org/community-outreach/	Basic staples.	Every Friday, 9:30 AM – 11AM.	Once a month. Clients should call Tuesday through Thursday to get on the food distribution list for Friday. Bring their referral and photo identification.	Referral required from a case manager, church, social worker, organization; referral should state the client's need for the food services; name; address; telephone number; and number of adults and children in the household.

<p>Community Family Life Services 305 E Street NW Washington, DC 20001 202-864-6296 (p) (contact: lesha Ward) iward@cflsdc.org https://www.cflsdc.org/emergency-services</p>	<p>Perishable and non-perishable groceries.</p>	<p>Tuesday, 10am-12pm (to the first 25 clients). Other days/times with referral notice.</p>	<p>Twice per month. First come first served. Bring photo identification and complete a short form.</p>	<p>None.</p>
<p>Asbury United Methodist Church 926 11th Street NW Washington, DC 20001 202-628-0009 (p) asburymail@asburyumcdc.org http://www.asburyumcdc.org/</p>	<p>Bag of groceries.</p>	<p>Saturday, 11:30am-1pm.</p>	<p>Once a month. Bring referral, proof of residency, proof of place to prepare food, and document proving low income (proof of SSI, SSDI, TANF, etc.). For first visit, beneficiaries will get application and must complete it prior to receiving food. This could mean beneficiary will have to come back the following Saturday before receiving food. First come, first served.</p>	<p>Referral from social services or government agency or church. Must be DC resident and have proof of food preparation facility. Must be low income. (Receptionist could not state a specific percentage of FPL.)</p>
<p>Immaculate Conception Church 1315 8th Street NW Washington, DC 20001 202-332-8888 (p) 202-332-0173 (f) jallen@immaculateconceptionchurchdc.org http://www.immaculateconceptionchurchdc.org/index.php</p>	<p>Non-perishable foods.</p>	<p>Tuesday - Friday 9am-5pm.</p>	<p>Once a month. Bring proof of residence and photo identification.</p>	<p>Must live in the Shaw neighborhood (within twenty blocks of the church).</p>
<p>Helping Hands Food Distribution Ministry (First Rising Zion Baptist)</p>	<p>Emergency food pantry</p>	<p>Every other Tuesday from 10am-12pm.</p>	<p>Every other Tuesday.</p>	<p>Those who live in the neighborhood (7-12th St NW) do not need a referral. Others may need a referral</p>

602 N Street NW Washington, DC 20001 202-289-4480 (p) 202-289-4595 (f) http://www.firstrising.org/community-outreach/helping-hands.html			Bring photo identification and proof of income.	and must meet eligibility requirements for receiving food stamps.
National Baptist Memorial Church 1501 Columbia Road NW Washington, DC 20009 202-265-1410 (p) NBMChurch@msn.com http://nbmchurchdc.org/index.php?nid=138366&s=mn&grpId=39984&grpDetails=true	Client choice pantry.	Second and fourth Saturday of the month, 9am-11am. (But line up well before 9 am)	Bring photo identification and own grocery bag.	None.
National City Christian Church 5 Thomas Circle NW Washington, DC 20005 202-232-0323 (p) (contact: Deloris Ruddock) http://nationalcitycc.org/food-pantry/	Canned vegetables, meats, beans, and fruit; starches; toiletries; staples.	Wednesday, 10am-1pm.	Every Wednesday	None; no referral needed. Do not need to show ID.
Lutheran Church of the Reformation 212 East Capitol Street NE Washington, DC 20003 202-543-4200 (contact: Karen Carlson) http://www.reformationdc.org/#/in-the-community/cn6o	Emergency food pantry. Non-perishable items.	Monday-Thursday, 9am-4pm.	Every 60 days. Referrals are accepted, but not required. If no referral, fill out a form at the church. But, no documents needed to fill out of form. No ID needed.	None.
United Church Foggy Bottom Food Pantry 1920 G Street NW Washington, DC 20006 202-331-1495	Grocery bags of food including fresh produce, meats, bread,	Second and fourth Saturday, 10am-12pm.	Twice a month. Bring photo ID showing current DC address and proof of need (food stamps, SSI, Medicaid, Medicare, SSDI, unemployment	D.C. resident and low-income. No referral required.

http://www.theunitedchurch.org/outreach/	cereal, and snacks.		etc.) OR proof of income (showing that income is below federal poverty level for family size).	
Salvation Army: Sherman Avenue Corp 3335 Sherman Avenue NW Washington, DC 20010 202-829-0100 http://salvationarmynca.org/sherman-ave/	Bag of groceries.	Monday and Wednesday, 10am-1pm Free food giveaway last Thursday of the month. No referral needed.	Bring photo identification and proof of eligibility (SNAP, TANF, Medicaid). Can also call Salvation Army District Social Services to get a referral based on low-income status. (202) 332-5000; open Mon-Fri, 8:30 am-4:30 pm. income.	Referral required from social worker, community organization, or Salvation Army (no referral required for last Thursday of the month). Must be D.C. resident.
Allen Chapel AME 2498 Alabama Ave SE Washington, DC 20020 202-889-7296 http://acamec.org/ministries/allen-food-pantry/	Emergency food pantry.	First, third, and fifth Wednesday (fresh produce) in church parking lot, 8am-10 am. Every Friday (non-perishables), 9:30am-12pm.	Bring proof of residency and photo identification.	D.C. residents.
19th Street Baptist Church 4606 16 th Street NW Washington, DC 20011 202-829-2773 office@nsbcdc.org http://everyblessing.org/	Emergency food pantry.	Wednesday and Friday, 7am-12pm.	Once a month. Bring photo identification.	Must have a referral stating name, address, and number of people in household. But can come without a referral if beneficiary can't get one.
McKendree-Simms-Brookland United Methodist Church 2411 Lawrence Street NE Washington, DC 20018 202-529-3075 (p) 202-529-4431 (f) http://www.umc.org/find-a-church/church/21444	Groceries/fresh produce.	Friday, 10am-2pm.	Every week. Bring photo identification or proof of residency.	DC resident preferred, not required.
Paramount Baptist Church 3924 4 th Street SE	Emergency food pantry.	Wednesday 11:30 am – 1 pm and	Once per month.	Referral accepted but not required.

Washington, DC 20032 202-562-6339 (p) info@paramountbaptistchurch.net http://www.paramountbaptistchurch.org/		Thursday 11am-12:30 pm.	Bring photo identification, Medicaid card, SNAP card, or referral.	Focus is on Ward 8 residents.
Dupont Park Seventh Day Adventist Church 3942 Alabama Ave SE Washington, DC 20019 202-583-7416 (p) http://www.dupontpark.org/	Emergency food pantry.	Tuesday, 9am-12 pm 3 rd week of the month – Thursday 9 am -12 pm Summer hours: 9:30 am – 12 pm	Every week. Bring photo identification.	None; no referral required.
Sixth Presbyterian Church 5413 16 th Street NW Washington, DC 20011 202-723-5377	Food closet.	Second and fourth Wednesday, 12pm-2pm.	Bring photo identification.	None; no referral required.
Northeastern Presbyterian Church 2112 Varnum Street NE Washington, DC 20018 202-526-1730 (p) info@nepc-dc.org http://www.nepc-dc.org/index.cfm	Bag of groceries.	Third Saturday, 10am-12pm (closed for the summer; will reopen in September 2018).	Once a month (first time come, will fill out a form and after that, will get a call every month that they can come and pick up a bag). Bring photo identification (or other proof of residency if ID doesn't show Ward 5 or Hyattsville location) and referral.	Must be Ward 5 or Hyattsville resident. Referral required.
First Baptist Church of Deanwood 1008 45 th Street NE Washington, DC 20019 202-396-0534 (p)	Emergency food pantry.	Wednesday, 2pm-4pm; Saturday, 9am-10:30 am	Once per month. Bring photo identification and proof of residency (if address on ID is not current address).	Deanwood residents. No referral required.

http://thefirstbaptistchurchofdeanwood.org/Deanwood/Ministries.html				
Hughes Memorial United Methodist Church 25 53rd Street NE Washington, DC 20019 202-398-3411 (p) 202-398-3441 (f) secretary@hughesmemorial.org http://www.hughesmemorial.org/ministries.aspx	One bag of groceries.	Every Friday 10am-noon.	Bring photo identification. Sign up is required. Call 202-398-2411 to sign up.	Residents of 20019.
Martha's Table 2214 14th Street, NW Washington, DC 20009 202-328-6608 info@marthastable.org http://marthastable.org/programs/foodaccessprograms/	A bag of a groceries (non-perishables and perishables).	Sunday – Saturday, 10am-5pm	Every 30 days. Photo ID.	None.