

501 3rd Street, NW · 8th Floor Washington, DC 20001 T 202.467.4900 · F 202.467.4949 <u>childrenslawcenter.org</u>

Testimony Before the District of Columbia Council Committee of the Whole April 8, 2022

Public Hearing: Budget Oversight Hearing

Judith Sandalow Executive Director Children's Law Center Good afternoon, Chairman Mendelson and Councilmembers. My name is Judith Sandalow. I am the Executive Director of Children's Law Center¹ and a resident of the District. I am testifying today on behalf of Children's Law Center, which fights so every DC child can grow up with a stable family, good health, and a quality education.

As we emerge from the pandemic, our children need help to recover from the trauma they have suffered, as well as catch up on lost years of learning, socialization, and development.

There are many important investments needed to protect and support children, such as reimagining Rapid Rehousing and creating Targeted Affordable Housing vouchers to prevent family homelessness.² My colleagues have testified about many of these over the past several weeks.³ However, I will focus today on two priorities that will have a big impact but might be overlooked because they have a relatively small price tag:

- Restoring funding for the Office of the Ombudsperson for Children with \$935,000 in recurring local dollars; and
- Not cutting provider grants for the school-based behavioral health expansion program (maintaining the \$80,000 per school grant level), which will require the Council to invest an additional \$2.4 million in recurring local dollars.

Last year, the Council unanimously passed the law establishing the Office of the Ombudsperson for Children, overrode the Mayor's veto, and fully funded the Office.

The Mayor's proposed budget attempts to undo the work of the Council and erase the progress that has already been made toward establishing this Office. The Council should not let this happen. Every single Councilmember supported establishing and funding this Office.⁴

You responded to a new challenge – providing transparency, accountability, and oversight for CFSA now that federal court involvement has ended.⁵ You recognized that CFSA has immense power over children and families in vulnerable circumstances and, because of the sensitive nature of its work, does so with a level of confidentiality which makes transparency and accountability difficult.

CFSA is not solely responsible for our children's well-being. Public and private agencies must work together to meet the needs of our children. The Ombuds can help the Council identify redundancies and missed opportunities to get better results more efficiently. One need only look at the number of foster children subjected to high levels of placement instability and experiencing behavioral health challenges and poor education outcomes to know there is a problem.⁶

Last spring, the Mayor and the Council made significant investments in the school-based behavioral health expansion program, with the goal of placing at least one clinician in every DC public school this year. Today however, the program is struggling to meet this goal – largely because it is not sufficiently or sustainably funded.

Every councilmember understands the need for behavioral health supports.

Students are struggling to catch up on lost learning, follow school routines and rules, and get along with peers and teachers after years of isolation.

Demand for mental health professionals has skyrocketed and as a result, clinicians are at a premium. To recruit and retain clinicians we must adequately compensate them. Failing to maintain the provider grants at \$80,000 per school will cause us to lose clinicians and for this program to fail.

These two requests will have exponentially huge impacts on DC's children for

years to come. Thank you for the opportunity to testify today. My written testimony

incorporates both our CFSA and DBH budget testimonies, which include further detail

on the two budget asks I presented today (Exhibits A and B, respectively).

¹ Children's Law Center fights so every child in DC can grow up with a loving family, good health and a quality education. Judges, pediatricians and families turn to us to advocate for children who are abused or neglected, who aren't learning in school, or who have health problems that can't be solved by medicine alone. With more than 100 staff and hundreds of pro bono lawyers, we reach 1 out of every 9 children in DC's poorest neighborhoods – more than 5,000 children and families each year. And, we multiply this impact by advocating for city-wide solutions that benefit all children.

² Kathy Zeisel, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, (March 31, 2022), *available at*: <u>https://childrenslawcenter.org/resources/fy23-budget-testimony-dhs/</u>.

³ Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Health, (March 21, 2022), *available at*: <u>https://childrenslawcenter.org/resources/fy23-budget-testimony-dbh/</u>; Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, (March 24, 2022), *available at*:

https://childrenslawcenter.org/resources/fy23-budget-testimony-cfsa/; Kathy Zeisel, Children's Law Center, Testimony Before the District of Columbia Council Committee of the Whole, (March 24, 2022), *available at*: https://childrenslawcenter.org/resources/fy23-budget-testimony-dob/; Kathy Zeisel, Children's Law Center, Testimony Before the District of Columbia Council Committee on Government Operations and Facilities, (March 25, 2022), *available at*: https://childrenslawcenter.org/resources/fy23-budget-testimony-oah/; Sharra E. Greer, Testimony Before the District of Columbia Council Committee of the Whole, (March 28, 2022), *available at*: https://childrenslawcenter.org/resources/fy23-budget-testimony-oah/; Sharra E. Greer, Testimony Before the District of Columbia Council Committee of the Whole, (March 28, 2022), *available at*: https://childrenslawcenter.org/resources/fy23-budget-testimony-oah/; Sharra E. Greer, Testimony Before the District of Columbia Council Committee of the Whole, (March 28, 2022), *available at*: https://childrenslawcenter.org/resources/fy23-budget-testimony-oah/; Sharra E. Greer, Testimony Before the District of Columbia Council Committee of the Whole, (March 28, 2022), *available at*: https://childrenslawcenter.org/resources/fy23-budget-testimony-

education-agencies/; Kathy Zeisel, Children's Law Center, Testimony Before the District of Columbia Council Committee on Transportation and the Environment, (March 29, 2022), *available at*: <u>https://childrenslawcenter.org/resources/fy23-budget-testimony-doee/;</u> Danielle Robinette, Testimony Before the District of Columbia Council Committee on the Judiciary and Public Safety, (March 30, 2022), *available at*: <u>https://childrenslawcenter.org/resources/fy23-budget-testimony-mpd/</u>; Kathy Zeisel, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, (March 31, 2022), *available at*: <u>https://childrenslawcenter.org/resources/fy23-budget-testimony-</u> <u>dhs/;</u> and Leah Castelaz, Testimony Before the District of Columbia Council Committee on Health, (April 4, 2022), *available at*: <u>https://childrenslawcenter.org/audience/policy-testimony/</u>.

⁴ The first vote for the Office of Ombudsperson for Children, B23-0437, took place at the December 1, 2020 legislative meeting, and the second vote took place on December 15, 2020 legislative meeting. At both meetings, all thirteen Councilmembers voted to approve the Bill. *See* B23-0437, Child Safety and Well-Being Ombudsperson Establishment Act of 2019 (now known as "Office of the Ombudsperson for Children Establishment Amendment Act of 2020), LIMS Home, Legislation Detail, *available at*: <u>https://lims.dccouncil.us/Legislation/B23-0437</u>. At the legislative meeting on February 2, 2021, however, Councilmember Cheh voted against overriding the Mayor's veto. The remaining twelve Councilmembers voted to override the veto and the Bill passed. *Id*.

⁵ LaShawn v. Boswer, United States District Court of Columbia, Civil Action No. 89-1754 (TFH), Final Order of Approval of Settlement, June 1, 2021. *See also*, DC Child and Family Services Agency, Four Pillars Performance Report, January-June 2021, p. 7-8, *available at*:

https://cfsa.dc.gov/sites/default/files/dc/sites/cfsa/publication/attachments/January-June 2021 Four Pillars Performance Report FINAL 0.pdf.

⁶ Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, (February 17, 2022), *available at*: <u>https://childrenslawcenter.org/wp-content/uploads/2022/02/TWeerasingha-Cote Childrens-Law-Center-Testimony-for-Feb.-17-2022-CFSA-Oversight-Hearing FINAL.pdf</u>; Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, (February 25, 2021), *available at*: <u>https://childrenslawcenter.org/wpcontent/uploads/2021/07/TWeerasingha-Cote Childrens-Law-CenterTestimony-for-Feb.-25-2021-CFSAOversight-Hearing FINAL.pdf</u>.

<u>EXHIBIT A</u>

Children's Law Center Testimony Before District of Columbia Council Committee on Human Services

> Child and Family Services Agency Budget Oversight Hearing

Wednesday, March 24, 2022





501 3rd Street, NW · 8th Floor Washington, DC 20001 T 202.467.4900 · F 202.467.4949 <u>childrenslawcenter.org</u>

Testimony Before the District of Columbia Council Committee on Human Services March 24, 2022

> Public Hearing: Budget Oversight Hearing Child and Family Services Agency

Tami Weerasingha-Cote Supervising Policy Attorney Children's Law Center

Introduction

Good morning, Chairperson Nadeau and members of the Committee. My name is Tami Weerasingha-Cote. I am the Supervising Policy Attorney at Children's Law Center¹ and a resident of the District. I am testifying today on behalf of Children's Law Center, which fights so every DC child can grow up with a stable family, good health, and a quality education. With nearly 100 staff and hundreds of pro bono lawyers, Children's Law Center reaches 1 out of every 9 children in DC's poorest neighborhoods – more than 5,000 children and families each year.

Thank you for this opportunity to testify regarding the proposed FY2023 budget for the Child and Family Services Agency (CFSA). Each year, Children's Law Center attorneys serve as guardians-ad-litem for several hundred children in foster care and protective supervision – approximately half of all children in the care and custody of CFSA.² Children's Law Center also has teams of attorneys dedicated to helping families secure special education services for their children, address unhealthy housing conditions, and obtain custody or guardianship of children in their extended family.³ As a result, we have direct experience and insight as to how CFSA's budget impacts children and families in the District.

Once again, the Mayor's proposed FY2023 budget for CFSA keeps funding for the agency essentially flat.⁴ While we are pleased that the Mayor did not make major cuts to the agency's overall budget and applaud additional investments in placement

and permanency, we are concerned that the agency's proposed budget appears to reduce funding to critical programs impacting services for CFSA-involved children and families. Most significantly, we are shocked and dismayed that the Mayor's proposed budget eliminates all funding for the Office of the Ombudsperson for Children, the legislative agency tasked with helping CFSA-involved children and families resolve day-to-day problems and tackling systemic issues that affect outcomes for foster children.⁵

As we discussed in our Performance Oversight testimony for CFSA in February, CFSA is starting a new chapter.⁶ Over the past year, the agency has exited *LaShawn*,⁷ acquired new leadership in Director Robert Matthews, and is working on bold plans to transform DC's child welfare system into a "child well-being system."⁸ Decisions regarding where to invest and where to cut back in CFSA's budget provide a true picture of the agency's priorities and will determine the success of this new chapter. Further, these decisions will have rippling effects on the children and families that CFSA serves.

We are fortunate in that the District's financial recovery from the pandemic is looking much better than expected. According to the latest projections from the Office of the Chief Financial Officer (OCFO), the District will take in approximately \$506 million more in revenue for FY2022 than was anticipated when the Council approved the FY2022 budget in August 2021.⁹ This is in addition to the over \$570 million excess

surplus from FY2021.¹⁰ Projected revenues for each year of the upcoming financial plan are also higher than previously anticipated.¹¹ OCFO estimates that FY2023 revenues will be 3.9 percent more than FY2022 revenues – an increase of nearly \$360 million dollars.¹² Given this unanticipated additional revenue and the projected financial strength of the city, the Council is well-positioned to prioritize meeting the needs of CFSA-involved children and families.

To this end, we strongly urge the Committee and the Council to commit:

- \$935,000 in recurring local dollars to fully restoring funding for the Office of the Ombudsperson for Children;¹
- \$641,000 in recurring local dollars to ensure the Grandparent Caregivers subsidy program has adequate resources to meet the needs of all eligible District families; and
- \$119,500 in recurring local dollars to ensure the Close Relative Caregivers subsidy program has adequate resources to meet the needs of all eligible District families.

My testimony today will provide further details and context for each of these budget asks and explain why they should be prioritized in the FY2023 budget. My

¹ We consider this to be the most important CFSA-related budget item in the proposed FY2023 budget and would prioritize funding this Office over our remaining CFSA budget asks.

testimony will then review several areas of CFSA's budget – highlighting areas of positive investment and noting areas of concern for the Committee's attention.

Funding for the Office of the Ombudsperson for Children Must Be Fully Restored

Last year, following the leadership of this Committee and Chairperson Nadeau, the Council took decisive action to establish the Office of the Ombudsperson for Children. After passing the statute establishing the Office unanimously, the Council then overrode the Mayor's veto and proceeded to fully fund the Office in the FY2022 budget.¹³ In so doing, the Council recognized the urgency and importance of establishing this Office to meeting the needs of DC's foster children.

As this Committee well knows, the Ombudsperson for Children will serve DC's most vulnerable children and families: those involved with DC's child welfare system. This includes DC's foster children – children removed from their homes and their families by the District government. By taking these children away from their families, the District and its government take responsibility for their lives and well-being. These are the children to whom the District owes the highest levels of duty and care. For far too long, the District has struggled to fulfill these duties and this responsibility. As we testified during CFSA performance oversight hearing in February – and many times before – too many of our foster children are suffering from high levels of placement instability, behavioral health challenges, poor education outcomes, and insufficient preparation for independent living.¹⁴ Failing to meet the needs of foster children in

these basic and foundational areas often means failing to provide them with a path to a happy, healthy, and stable future.

The Ombudsperson for Children is a critical tool the Council needs to be able to fulfill its duty to DC's foster children and exercise effective oversight of DC's child welfare system – a system that encompasses many agencies beyond just the Child and Family Services Agency (CFSA).¹⁵ The Ombudsperson for Children can help the Council hold all relevant city agencies accountable for meeting the needs of child welfare-involved families and actively facilitate interagency cooperation. Solutions to the persistent problems facing CFSA-involved children and families require action by and coordination between multiple District agencies and the Council. The Ombudsperson for Children is uniquely positioned to identify areas where interagency coordination must be improved to better meet the needs of DC's foster children.

The need for the Ombudsperson for Children is particularly acute with respect to systemic issues impacting crossover youth – children who experience both the foster care system and juvenile justice system. Crossover youth experience significant challenges to their well-being and stability, too often rolling from one system into the next: from foster care to DC's homeless or juvenile justice systems; from the juvenile justice system to prison. They face even greater barriers to positive outcomes in adulthood – including more difficulties in school and higher unemployment rates – than foster care youth involved in only one system. Currently, no District agency

comprehensively tracks crossover youth or conducts systemic analyses on factors affecting their outcomes. As a result, these youth and their challenges have remained largely invisible to the Council and the agencies responsible for their well-being. The Ombudsperson for Children is explicitly tasked by law to report annually on crossover youth and identify systemic issues impacting their outcomes.¹⁶

The Ombudsperson for Children will also be able to help children and families navigate the complexities of the child welfare system and work to resolve everyday problems. Such problems could include overcoming bureaucratic hurdles to obtaining essential items; facilitating smooth transitions between schools when necessitated by placement changes; connecting children and families to hard-to-find behavioral health services; and figuring out where to get additional support for achieving critical milestones such as obtaining a driver's license, work permit, or applying for college. To be clear, CFSA and other DC agencies often offer programs and services designed to meet all these needs and more – but children and families sometimes struggle to connect with the right person or to get their needs met in a timely manner. Children, families, and agency staff need a place to informally work through and resolve these conflicts quickly together – the Ombudsperson for Children will provide that space and the necessary support.

The end of federal court oversight in *LaShawn* makes funding and establishing the Office of the Ombudsperson for Children particularly urgent. The Ombudsperson

for Children will have direct access to CFSA data in the same way that the court monitor did and will be responsible for regularly reporting data trends and analysis to the Council. Without the court monitor, the Council needs the Ombudsperson for Children to be able to exercise effective oversight over CFSA and take any necessary action to ensure the needs of DC's foster children and their families are being adequately met.

It's our hope that as CFSA embarks on its next chapter, the agency will come to see the Ombudsperson for Children as a means of continuing to improve the agency's ability to serve children and families. Although not without its challenges, effective oversight is a critical tool for identifying blind spots and weaknesses. Further, as the agency seeks to transform the child welfare system into a "child well-being" system, the need to strengthen and empower families involved with the system becomes even more essential.

For these reasons, we strongly urge this Committee to fully restore the funding for the Office of the Ombudsperson for Children, which requires \$935,000 in recurring local dollars in the FY2023 budget. We consider this to be the most important CFSArelated budget item in the proposed FY2023 budget and would prioritize funding this Office over our remaining CFSA budget asks.

Grandparent and Close Relative Caregiver Subsidy Programs Must Be Adequately Resourced

CFSA offers several programs to provide financial and other supports to caregivers who take in children whose parents are unable to care for them. These programs include the Grandparent Caregivers Program, which offers a monthly subsidy for low-income residents who are raising their grandchildren, greatgrandchildren, great-nieces, or great-nephews, and the Close Relative Caregiver Pilot Program, which provides a monthly subsidy to low-income residents who are raising their siblings, nieces, nephews, and cousins.¹⁷ As many of these children would otherwise likely enter foster care, these subsidy programs are critical to CFSA's prevention efforts.

Just this past month, the Council passed – with support from the agency – legislation expanding access to both subsidy programs by eliminating certain eligibility requirements.¹⁸ The goal of these amendments is to increase the number of families able to access these subsidies. CFSA's proposed budget, however, decreases funding to the Grandparent Caregivers Program, and increases funding to the Close Relative Caregivers Program by a negligible amount.¹⁹ To ensure the Council's recently passed amendments have the intended effect of increasing the number of families accessing these subsidies, the Committee must ensure both programs are sufficiently funded.

The proposed FY2023 budget cuts the Grandparent Caregivers Program by \$75,000.²⁰ This is in stark contrast to previous years: the program's budget was

increased by \$539,000 in FY2020 (an increase of over 10 percent), by \$394,000 in FY2021 (an increase of nearly 7 percent), and by \$510,000 in FY2022 (an increase of over 8 percent).²¹ Despite these substantial increases, the program still had waiting lists in FY2020 and FY2021 (and data for FY2022 is not yet available).²² As a result, an additional \$600,000 and \$800,000 was allocated to the program to clear the waitlists in FY2020 and FY2021, respectively.²³ Given this data regarding the past utilization and cost of the program, the proposed cuts to this program are incomprehensible. The demand for this program has increased every year – and the Council just expanded access, which will only have the effect of increasing demand even more. We therefore recommend the Committee increase the budget for this program by at least 8.5 percent over last year's budget (the average budget increase over the past three years) – which would require an additional investment of approximately \$641,000 in additional local recurring dollars in the FY2023 budget.²⁴

We are similarly concerned that the Close Relative Caregivers program is also under resourced. The agency's FY2023 proposed budget for this program includes an increase of \$6,000.²⁵ Last year, however, the program's budget was increased by \$100,000 – nearly 25 percent.²⁶ Participation in this program grew by over 100 percent between 2020 and 2021 (the only two years we have data for) – from 28 children to 60 children served.²⁷ Since then, access to the program has been expanded and the agency is increasing its efforts to reach out to eligible families so they are aware of the

program.²⁸ It would be reasonable, therefore, to expect the program to grow by at least the same number as it did before (roughly 30 children) requiring the budget to be increased at around the same rate. We therefore recommend the Committee increase the budget for this program by at least 25 percent over last year's budget – which would require an additional investment of approximately \$119,500 in additional local recurring dollars in the FY2023 budget.²⁹

The Proposed Budget Includes Strong Investments in Placement and Permanency, but Cuts Funding for Investigations, Prevention, and Services for Foster Children

Although CFSA's overall proposed budget for FY2023 is largely flat compared to last year, there are several notable investments and cuts that we would like to raise to the Committee's attention. First, the proposed budget includes significant additional investments in Permanency and Child Placement.³⁰ Considering the extent of CFSA's ongoing placement crisis (which we discussed at length in our Performance Oversight testimony³¹), we are very pleased to see an increase of nearly \$2 million in the proposed budget.³² These funds should be used to expand CFSA's placement array and enable the agency to provide appropriate placements for all children in care.

Second, the proposed budget decreases spending in the following critical areas:

- Child Protective Services Investigations, which includes CFSA's efforts to investigate allegations of child abuse and neglect, is cut by \$307,000
- Clinical Health Services, Nurse Care Management, and Well-Being, which encompass much of CFSA's physical health, mental health, and other well-

being services for children in care, are cut by a total of approximately \$1.5 million (\$228,000, \$212,000, and \$1,068,000, respectively)

 Community Partnership Services, In-Home, and Families First D.C., all of which comprise essential portions of CFSA's prevention efforts, are cut by a total of \$749,000 (\$254,000, \$54,000, and \$490,000, respectively).³³

Each of these areas encompass services directly tied to protecting the health, safety, and well-being of DC's children. Given the historical (and some current) concerns around the quality and timeliness of CFSA's investigations,³⁴ concerns around the ability of CFSA-involved children and families to access health and well-being services (a topic also covered in our February performance oversight testimony),³⁵ and CFSA's increased focus on becoming a prevention-oriented agency – we urge the Council to discuss each of these cuts with Director Matthews, and seek detailed explanations for how these cuts will impact services.

Conclusion

Thank you for the opportunity to testify today. I welcome any questions the Committee may have.

¹ Children's Law Center fights so every child in DC can grow up with a loving family, good health and a quality education. Judges, pediatricians, and families turn to us to advocate for children who are abused or neglected, who aren't learning in school, or who have health problems that can't be solved by medicine alone. With more than 100 staff and hundreds of pro bono lawyers, we reach 1 out of every 9 children in DC's poorest neighborhoods – more than 5,000 children and families each year. We multiply this impact by advocating for city-wide solutions that benefit all children.

² Children's Law Center attorneys represent children who are the subject of abuse and neglect cases in DC's Family Court. CLC attorneys fight to find safe homes and ensure that children receive the services

they need to overcome the trauma that first brought them into the child welfare system. DC Children's Law Center, About Us, *available at*: <u>https://www.childrenslawcenter.org/content/about-us</u>. The term "protective supervision" means a legal status created by Division order in neglect cases whereby a minor is permitted to remain in his home under supervision, subject to return to the Division during the period of protective supervision. D.C. Code § 16-2301(19).

³ Children's Law Center, Our Impact, *available at*: <u>https://childrenslawcenter.org/our-impact/</u>.

⁴ Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Child and Family Services Agency [RL0], p. E-1 through E-10.

⁵ Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Office of the Ombudsperson for Children [RO0], p. E-101.

⁶ Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, (February 17, 2022), *available at*: <u>https://childrenslawcenter.org/wp-content/uploads/2022/02/TWeerasingha-Cote_Childrens-Law-Center-Testimony-for-Feb.-17-2022-CFSA-Oversight-Hearing_FINAL.pdf</u>.

⁷ LaShawn A. v. Bowser, Civil Action No. 89-1754 (TFH) Final Order (June 2021). On June 1, 2021, the court issued a final order approving the settlement agreement in *LaShawn v. Bowser*, ending more than 30 years of federal court litigation and oversight over the agency's operations. LaShawn A. was a Federal class action suit that was filed in 1989 on behalf of the District of Columbia's abused and neglected children. The lawsuit, initially captioned LaShawn A. v. Barry, challenged virtually every aspect of the District's child welfare system and sought expansive reform of the city's child welfare agency. Following the trial, Judge Hogan concluded that the child welfare system was in "shambles" and issued a lengthy opinion finding in favor of the Plaintiff children. The District appealed the decision, which was affirmed in part and remanded in part. On remand, Judge Hogan approved an extensive remedial order imposing numerous requirements, changes, and reforms in every area of the child welfare system and bringing a court-appointed Monitor into the case. This Modified Final Order (MFO) controlled the case until June 2021. The Center for the Study of Social Policy (CSSP), a non-profit organization based in the District, served as the court appointed Monitor. *See* Children's Law Center, *Overview of the LaShawn A. Litigation*, Practice Kit, *available at*: <u>https://childrenslawcenter.org/wp-</u>

content/uploads/files/attachments/resources/PK4_II.%20LaShawn%20A.%20Information_0.pdf.

⁸ CFSA Stakeholder Engagement Forum, October 2021, slides on file with the Children's Law Center. ⁹ On September 30, 2021, the Office of the Chief Financial Office (OCFO) released the September 2021 Revenue Estimates Letter, which reported that for the May 2021 Revenue Estimate used for the FY2022 Budget was adjusted to \$8,580.1 Billion. On February 28, 2022, the OCFO reported the February 2022 revenue estimate for FY2022 was reported as \$9,086.7 Billion. Therefore, the revenue used to set the FY2022 budget as compared to the current revenue estimate is a difference of \$506.6 Million (\$9,086.7-\$8,580.1 = \$506.6). *See* Government of the District of Columbia, Office of the Chief Financial Officer, *Re: September 2021 Revenue Estimates*, September 30, 2021, *available at*:

https://cfo.dc.gov/sites/default/files/dc/sites/ocfo/publication/attachments/Sept_2021%20Revenue%20Esti mate%20Letter.pdf. Government of the District of Columbia, Office of the Chief Financial Officer, *Re: February 2022 Revenue Estimates*, February 28, 2022, *available at*:

https://cfo.dc.gov/sites/default/files/dc/sites/ocfo/publication/attachments/February%202022%20Revised %20Revenue%20Estimates%20for%20FY%202022%20-%202026.pdf.

¹⁰ Government of the District of Columbia, Office of the Chief Financial Officer, *Re: February* 2022 *Revenue Estimates*, February 28, 2022, *available at*:

https://cfo.dc.gov/sites/default/files/dc/sites/ocfo/publication/attachments/February%202022%20Revised %20Revenue%20Estimates%20for%20FY%202022%20-%202026.pdf.

¹¹ Id.

¹² Id.

¹³ Sharra E. Greer, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, (June 10, 2021), p. 1, *available at:* <u>https://childrenslawcenter.org/wp-</u> <u>content/uploads/2021/07/SGreer_Childrens-Law-Center-Testimony-for-June-10-2021-CFSA-Budget-</u> <u>Oversight-Hearing_FINAL.pdf</u>.

¹⁴ Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, (February 17, 2022), p. 3, *available at*: <u>https://childrenslawcenter.org/wp-content/uploads/2022/02/TWeerasingha-Cote_Childrens-Law-Center-Testimony-for-Feb.-17-2022-CFSA-</u>

Oversight-Hearing_FINAL.pdf, "Despite these improvements and exciting plans for system transformation, however, serious problems with CFSA's core functions continue to exist. Too many of our clients struggle to find stable and appropriate placements that meet their needs. Too often, our clients struggle to access quality behavioral health services in a timely manner. These are not new challenges – we have testified about CFSA's placement crisis and inability to provide adequate behavioral health supports for children in care for several years." *See also* Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, p. 19-23, (February 25, 2021), available at: https://childrenslawcenter.org/wp-

content/uploads/2021/07/TWeerasingha-Cote_Childrens-Law-CenterTestimony-for-Feb.-25-2021-CFSA-Oversight-Hearing_FINAL.pdf; Judith Sandalow, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, p. 5, (February 12, 2020), *available at*:

https://childrenslawcenter.org/wp-content/uploads/2021/07/JSandalowCFSA-FY2019-Oversight-

<u>Testimony-FINAL.pdf</u>; Aubrey Edwards-Luce, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, p. 3,5, (February 12, 2020), *available at*:

https://childrenslawcenter.org/wp-content/uploads/2021/07/CFSA-PerformanceOversight-

<u>Testimony AEL Final.pdf</u>; Aubrey Edwards-Luce, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, p. 3-4, (February 26, 2019), *available at*: <u>https://childrenslawcenter.org/wp-content/uploads/2021/07/AEL-CFSA-FY2018-Oversight-TestimonyFINAL.pdf</u>.

¹⁵ Sharra E. Greer, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, (June 10, 2021), p. 2, *available at:* <u>https://childrenslawcenter.org/wp-</u>

content/uploads/2021/07/SGreer_Childrens-Law-Center-Testimony-for-June-10-2021-CFSA-Budget-

<u>Oversight-Hearing FINAL.pdf</u>. The Department of Behavioral Health (DBH), the Department of Health Care Finance (DHCF), the Office of the Superintendent of Education (OSSE), District of Columbia Public Schools (DCPS), the Department of Youth Rehabilitation Services, the DC Housing Authority, and the Metropolitan Police Department all have a role to play in ensuring the District fulfills its responsibilities to DC's foster children and their families.

¹⁶ Office of the Ombudsperson for Children, DC Act 23-617, Sec. 108(b)(3).

¹⁷ CFSA, Grandparent Caregivers Program, *available at*:

https://cfsa.dc.gov/publication/programgrandparent-caregivers-program.

¹⁸ The Grandparent and Close Relative Caregivers Program Amendment Act of 2021 ("Act") removes existing requirements that caregivers demonstrate that they have been the child's primary caregiver and the child has resided with them for the last six months. This will allow caregivers to connect more quickly with the subsidy and avoid jumping through more hoops to gain necessary supports. Ultimately, this creates greater stability for the caregiver and the children in their home. Additionally, the Act would allow adult parents who have a medically verifiable disability to reside with the caregiver without disqualifying the caregiver from receiving a subsidy. *See* B24-0462, *Grandparent and Close Relative Caregivers Program Amendment Act of* 2021.

¹⁹ Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Child and Family Services Agency [RL0], Line 4012 and Line 4013, p. E-4. ²⁰ Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Child and Family Services Agency [RL0], Line 4012, p. E-4.

²¹ The budget for the Grandparent Caregiver Program in FY2019 was \$5,222,000, in FY2020 the budget was \$5,761,000, in FY2021 the budget was \$6,155,000, and currently, in FY2022 the budget is \$6,665,000. To calculate the percentage increase for each fiscal year we utilized the formula, ((current budget/previous year budget)-1). To calculate FY2020 increase: ((\$5,761,000/\$5,222,000)-1) = 0.10322 or 10.322%. To calculate FY2020 difference between FY2019 and FY2020 budget: \$5,761,000-\$5,222,000 = \$539,000. To calculate FY2021 increase: ((\$6,155,000/\$5,761,000)-1) = 0.06839 or 6.379%. To calculate FY2021 difference between FY2011 budget: \$6,155,000-\$5,761,000 = \$394,000. To calculate FY2022 increase: ((\$6,665,000/\$6,155,000)-1) = .08286 or 8.286%. To calculate FY2022 difference between FY2021 and FY2022 budget: \$6,665,000-\$6,155,000 = \$510,000. See District of Columbia FY2022 Child and Family Services Agency Budget, RL0, Line 4012, p. E-4. See also Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Child and Family Services Agency [RL0], Line 4012, p. E-4.

²² CFSA FY2021 Performance Oversight Responses, response to Q100(d), available at:

https://dccouncil.us/wpcontent/uploads/2022/02/FY21-22-CFSA-Performance-Oversight-Prehearing-Ouestions-ResponsesFinal.pdf; CFSA FY2020 Performance Oversight Responses, response to Q73(d), available at: https://dccouncil.us/wp-content/uploads/2021/03/FY20-

21 CFSA POH PreHearing Responses FINAL2.pdf.

²³ Child and Family Services Agency, Grandparent Caregivers Program and Close Relative Caregivers Program, Annual Status Report 2021, February 28, 2022, p. 4, *available at*:

https://lims.dccouncil.us/downloads/LIMS/48941/Introduction/RC24-0142-Introduction.pdf.

²⁴ To calculate the average of the budget increase over the past four years: ((10.322 percent + 6.839 percent + 8.286 percent)/3) = 8.482%. *See* supra, note 21, explaining the percent in budget increase between fiscal years 2020 to 2022. To understand the suggested increase, take the total number of the FY2022 budget, multiplied by the average percent, and add back in the \$75,000 the Mayor cut: (\$6,665,000 X 8.5%) + \$75,000 = \$641,525. Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Child and Family Services Agency [RL0], Line 4012, p. E-4.

²⁵ Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Child and Family Services Agency [RL0], Line 4013, p. E-4.

²⁶ Prior to FY2022, the Close Relative Caregiver Program did not have its own budget line, however, the program began in FY2020. *See* Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Child and Family Services Agency [RL0], Line 4013, p. E-4; Child and Family Services Agency, Grandparent Caregivers Program and Close Relative Caregivers Program, Annual Status Report 2021, February 28, 2022, p. 4, *available at*:

https://lims.dccouncil.us/downloads/LIMS/48941/Introduction/RC24-0142-Introduction.pdf</u>. In Calendar Year 2021, CFSA reported that the budget for the Close Relative Caregiver Program was \$401,310. *See* Child and Family Services Agency, Grandparent Caregivers Program and Close Relative Caregivers Program, Annual Status Report 2021, February 28, 2022, p. 4, *available at*:

https://lims.dccouncil.us/downloads/LIMS/48941/Introduction/RC24-0142-Introduction.pdf.

²⁷ Child and Family Services Agency, Grandparent Caregivers Program and Close Relative Caregivers Program, Annual Status Report 2021, February 28, 2022, p. 4, *available at*:

https://lims.dccouncil.us/downloads/LIMS/48941/Introduction/RC24-0142-Introduction.pdf.

²⁸ B24-0462, Grandparent and Close Relative Caregivers Program Amendment Act of 2021; CFSA FY2021
 Performance Oversight Responses, response to Q101(i), available at:

https://dccouncil.us/wpcontent/uploads/2022/02/FY21-22-CFSA-Performance-Oversight-Prehearing-Questions-ResponsesFinal.pdf.

²⁹ \$502,000 (FY2022 budget amount X 25% - \$6000 = \$119,500. *See,* supra, note 26; Child and Family Services Agency, Grandparent Caregivers Program and Close Relative Caregivers Program, Annual Status Report 2021, February 28, 2022, p. 4, *available at*:

https://lims.dccouncil.us/downloads/LIMS/48941/Introduction/RC24-0142-Introduction.pdf; Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Child and Family Services Agency [RL0], Line 4013, p. E-4.

³⁰ Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Child and Family Services Agency [RL0], Line 2012 and Line 2066, p. E-4.

³¹ Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, (February 17, 2022), p. 3, *available at*: <u>https://childrenslawcenter.org/wpcontent/uploads/2022/02/TWeerasingha-Cote_Childrens-Law-Center-Testimony-for-Feb.-17-2022-CFSA-Oversight-Hearing_FINAL.pdf</u>.

³² Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Child and Family Services Agency [RL0], Line 2066, p. E-4.

 ³³ Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Child and Family Services Agency [RL0], Lines 3087, 3090, 3091, 7020, 8010, 8020, and 8040, p. E-4, E-5.
 ³⁴ LaShawn A. v. Marion Barry, Jr., United States District Court of the District of Columbia, 89-1754, June 20, 1989, original complaint available at:

https://static1.squarespace.com/static/603815c5dc9365633e4c0830/t/603fb775f2ba1f4eb0fe4573/1614788470 864/DC+complaint.pdf. See also Better Childhood, LaShawn A. v. Mayor Bowser, available at:

https://www.abetterchildhood.org/washington-dc; Center for the Study of Social Policy, *LaShawn A. v. Bowser*, Progress Report for the Period January 1 – December 31, 2020, *available at*: https://cssp.org/wpcontent/uploads/2021/03/LaShawn-A-v.-Bowser-Report-for-Period-Jan-Dec-2020.pdf</u>. There has not been a significant decrease in the number of investigations, FY2020 there were 4,544 investigations and in FY2021 there were 4,308 investigations. *See* CFSA FY2021 Performance Oversight Responses, response to Q23(d), *available at*: https://dccouncil.us/wpcontent/uploads/2022/02/FY21-22-CFSA-Performance-Oversight-Prehearing-Questions-ResponsesFinal.pdf.

³⁵ Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Human Services, (February 17, 2022), p. 3, *available at*: <u>https://childrenslawcenter.org/wp-content/uploads/2022/02/TWeerasingha-Cote Childrens-Law-Center-Testimony-for-Feb.-17-2022-CFSA-Oversight-Hearing FINAL.pdf</u>; Child and Family Services Agency (CFSA), FY2021 Annual Needs

<u>Oversight-Hearing_FINAL.pdf</u>; Child and Family Services Agency (CFSA), FY2021 Annual Needs Assessment, p. 102-113, November 1, 2021, *available at*:

https://cfsa.dc.gov/sites/default/files/dc/sites/cfsa/publication/attachments/FY21_Needs_Assessment_FIN_AL_0.pdf.

<u>EXHIBIT B</u>

Children's Law Center Testimony Before District of Columbia Council Committee on Health

> Department of Behavioral Health Budget Oversight Hearing

> > Monday, March 21, 2022





501 3rd Street, NW · 8th Floor Washington, DC 20001 T 202.467.4900 · F 202.467.4949 <u>childrenslawcenter.org</u>

Testimony Before the District of Columbia Council Committee on Health March 21, 2022

> Public Hearing: Budget Oversight Hearing Department of Behavioral Health

Tami Weerasingha-Cote Supervising Policy Attorney Children's Law Center

Introduction

Good morning, Chairman Gray and members of the Committee. My name is Tami Weerasingha-Cote. I am the Supervising Policy Attorney at Children's Law Center¹ and a resident of the District. I am testifying today on behalf of Children's Law Center, which fights so every DC child can grow up with a stable family, good health, and a quality education. With nearly 100 staff and hundreds of pro bono lawyers, Children's Law Center reaches 1 out of every 9 children in DC's poorest neighborhoods – more than 5,000 children and families each year.

Children's Law Center is also a Co-Chair of the Strengthening Families Through Behavioral Health Coalition. Currently in its third year of advocacy, the Strengthening Families Coalition brings together a diverse group of advocates focused on education, juvenile justice, child welfare, and health, as well as representatives of the provider community and community-based organizations who share a commitment to improving DC's behavioral health care system for children and families. Our Coalition's mission is to ensure DC has a fully integrated behavioral health care system in which all DC students, children, youth, and families have timely access to high-quality, consistent, affordable, and culturally responsive care that meets their needs and enables them to thrive.

Thank you for this opportunity to testify regarding the proposed FY2023 budget for the Department of Behavioral Health (DBH). Although the Mayor's proposed

budget includes some new investments in the school-based behavioral health expansion program, the Mayor's proposed budget also reduces the amount of the provider grants that get clinicians into schools, making it less likely that students will be able to access the behavioral health services they need.² Further, the Mayor's budget includes no new investments in DBH's early childhood mental health consultation program, Healthy Futures.³

As we discussed in our Performance Oversight testimony for DBH in January, DC's children and youth are suffering from an ongoing behavioral health emergency that we see reflected in rising rates of depression, anxiety, and suicidality.⁴ To stem the tide of this expanding crisis, the District must increase access to quality behavioral health services. This requires investments in both immediate solutions – such as increasing the capacity of existing programs that connect children with behavioral health services – and longer-term structural reforms that seek to transform our behavioral health system entirely.⁵

We recognize that as we start to move away from the pandemic, the District is facing many calls to fund various aspects of pandemic recovery. The pandemic impacted every aspect of our lives, and as a result, investments in recovery and revitalization are needed across every economic sector and every Ward of the city. Investments in expanding behavioral health services must be prioritized, however, because behavioral health underlies so many aspects of pandemic recovery. If we fail to

meet the behavioral health needs of District residents, it will undermine their ability to recover from the pandemic in every way – from rebuilding their physical health, to regaining ground lost in school and work, to stabilizing their housing and their families, to reinvigorating their communities.

In addition, we are fortunate in that the District's financial recovery from the pandemic is looking much better than expected. According to the latest projections from the Office of the Chief Financial Officer (OCFO), the District will take in approximately \$506 million more in revenue for FY2022 than was anticipated when the Council approved the FY2022 budget in August 2021.⁶ This is in addition to the over \$570 million excess surplus from FY2021.⁷ Projected revenues for each year of the upcoming financial plan are also higher than previously anticipated.⁸ OFCO estimates that FY2023 revenues will be 3.9 percent more than FY2022 revenues – an increase of nearly \$360 million dollars.⁹ Given this unanticipated additional revenue and the projected financial strength of the city, the Council is well-positioned to prioritize much-needed investments in our behavioral health system.

To this end, my testimony identifies key programs and areas where funding needs to be increased to improve access to behavioral health services for children and families. Specifically, we urge the Council to commit:

• \$300,000 in one-time local dollars for the School-Based Behavioral Health Expansion program to fund a cost study to right-size provider grants. The

current grant amount is outdated, undermining the longevity and success of the program.

- \$2.4 million in additional recurring local dollars for the School-Based
 Behavioral Health Expansion program to stabilize provider grant funding
 at \$80,000 per clinician. For the past two years, DC has provided one-time
 adjustment to address the financial strains of the pandemic on providers.
 This rate needs to be made permanent, and the grant amount should cover
 inflationary cost increases over the next three years while the cost study is
 conducted.
- \$700,000 in additional recurring local dollars for Healthy Futures to expand capacity to additional child development centers during the next fiscal year. This additional funding is needed to hire additional early childhood mental health professionals and continue to build the program's infrastructure to support sustained growth and services to District families.
- \$10.3 million in additional recurring local dollars to increase funding for community-based behavioral health services by adjusting for inflation. Provider reimbursement rates were last calculated using 2016 cost data, and current reimbursement rates are not financially sustainable for critical community-based behavioral healthcare providers. Most of these

funds would be matched with federal dollars 3-to-1, resulting in an additional \$24.6 million in spending on behavioral health services in the District.

Funding for the School-Based Behavioral Health Expansion Program Must Enable Providers to Cover Their Costs

Last spring, the Mayor and the Council made significant investments in the school-based behavioral health expansion program, with the goal of placing at least one behavioral health clinician in every DC public school (traditional and charter).¹⁰ Both Children's Law Center and the Strengthening Families Coalition supported this goal for FY2022 – placing a behavioral health clinician in every public school is an excellent start to building a school-based behavioral health system that meets the needs of DC's children and youth.¹¹

As of the date of this budget hearing, we are approximately halfway through FY2022, which is the fourth year of DBH's implementation of the school-based behavioral health expansion program. Although the majority of the 160 schools in Cohorts 1, 2, and 3 have full-time behavioral health clinicians providing services in school, less than a quarter of the 91 schools in Cohort 4 have hired clinicians.¹² There are several reasons for the slower implementation for Cohort 4 – including long-term workforce shortages and a significant delay in issuing the Request for Applications (RFA) needed to identify additional community-based organizations (CBOs) needed to staff the Cohort 4 schools.¹³ More fundamentally, however, the program's struggle to

hire and retain clinicians is rooted in the fact that this program is not sufficiently or sustainably funded at the level needed to place a clinician in every school.

The school-based behavioral health expansion program funds clinicians in schools through an annual grant to CBOs, who in turn partner with schools to hire clinicians to provide full-time behavioral health services in those schools. (See Exhibit A for an overview of the school-based behavioral health expansion program). For the past few years, the grant amount allocated per clinician has been approximately \$70,000.¹⁴ This grant amount was based on estimates regarding the costs of the program and the amount of work clinicians could do that would be reimbursable by Medicaid, offsetting their costs. For the past two years, the Council supplemented these grants with one-time dollars to ensure the grants were sufficient to enable CBOs to do the work.¹⁵ For many CBOs, these supplemental funds were necessary to make participating in this program financially feasible – and without them, DBH would have found it even more challenging to place clinicians in schools from the earlier cohorts.

To be clear – \$70,000 grants are simply not sufficient to enable CBOs to place clinicians in every DC public school. This is true for several reasons:

- **Costs for providers have steadily increased** over the past few years and yet the grant amount has not changed.
- Workforce shortages are driving increases in clinician salaries. There is a nationwide shortage of behavioral health clinicians and mental health

professionals – the same is true here in DC. The public's overall demand for mental health treatment has increased exponentially during the pandemic.¹⁶ Further, the demand for mental health professionals in the District has increased tremendously as more and more programs and sectors across the city are looking to mental health professionals and behavioral health supports to address social problems such as community violence.¹⁷ CBOs cannot hire clinicians to work in schools if they cannot pay them competitive salaries.

• The Medicaid reimbursements that the current funding model depends on are not consistent across all schools. The current grant amount is based on a certain percentage of the clinician's time being billable to Medicaid (Tier 3 services).¹⁸ But different schools have different needs – and some schools need their clinicians to prioritize Tier 1 and Tier 2 work.¹⁹ Further, many aspects of Tier 3 services aren't billable when you are providing services to children (e.g., a counseling session with the child may be billable, but following up with that child's parents and teacher would not be). As a result, the billing expectation isn't achievable in all schools, which means some CBOs are operating at a loss in some schools. This is not sustainable.

Taking a step back to consider the broader context – this program is only in its beginning stages. To fully meet the behavioral health needs of all DC public school students, there is more infrastructure to build – some schools have so many students requiring Tier 3 services that they will need multiple full-time clinicians, while other schools need more help delivering Tier 1 and Tier 2 services and may need to hire other types of non-clinical behavioral health professionals. A great deal of work is needed to increase awareness of the program amongst students, families, and teachers. The program must build communication pathways with school communities that enable accurate assessments of behavioral health needs, help families and students understand what services are available and how they can access them, and provide opportunities for families to give feedback on the program so that it can be strengthened and improved.

Before we can do any of this, however, we must build a stable foundation for this program by placing a clinician in every school and ensuring this resource is sufficiently and sustainably funded. Underfunding the grant undermines the stability of the whole program – it makes it harder to hire and retain the professionals needed, risks the financial viability of the CBOs that the program relies on to staff and supervise the program, and leaves schools uncertain whether this is a program they can rely on in the long-term and whether it's worth the time and effort needed to integrate the clinician into their community.

Although the Mayor's proposed budget appears to include \$3.8 million for school-based behavioral health services, these funds have been designated for hiring additional clinicians, adding new DBH staff to support the program's infrastructure and

evaluation, and boosting DBH's workforce pipeline efforts.²⁰ These are all valuable new investments, but the Mayor's proposal also cuts provider grants by about \$10,000 apiece (back down to \$70,000 per clinician). While we certainly support expansion of the program, it should not be done at the cost of undercutting the existing core. If the Council doesn't stabilize the foundation of this program and ensure it is financially sustainable for CBOs to provide behavioral health services in schools, we risk losing ground on the progress that we've made in recent years.

We therefore urge the Council to commit \$300,000 in one-time local dollars to fund a cost study to determine what it actually costs to implement the school-based behavioral health program now and in the future.²¹ Consistent and adequate funding is crucial to the longevity and success of this program. Without comprehensive data and analysis, it is impossible to accurately calculate the cost of implementing the program or determine the grant amounts needed for CBO clinicians to sustainably deliver services to students. The District needs to conduct a comprehensive study to determine how the needs of individual schools, providers, and communities impact program costs and build a sustainable funding model for the program.

To bridge the gap while this cost study is conducted, we ask the Council to reverse the Mayor's cuts to provider grants and restore CBO grants to the financially sustainable level of \$80,000 per clinician (for a total investment of \$2.4 million in additional recurring local dollars in the FY2023 budget).²² Since it will take several

years for the cost study to completed, we also ask the Council to ensure grant amounts are appropriately adjusted for inflation each year during this time. By doing this, the Council will both preserve the progress we've already made and pave the way for the continued expansion of the school-based behavioral health program DC students need and deserve.

Continued Investment in Healthy Futures is Needed

DBH's Early Childhood Mental Health Consultation program, Healthy Futures, provides critical support to child development centers (CDCs) and home care providers, as well as direct services to children ages birth to five and their families.²³ Through Healthy Futures, early childhood mental health consultants help teachers and caregivers understand and build their own capacity to better interact and support children's social, emotional, and relational health, with the goal of reducing challenging behaviors and promoting positive social-emotional development in infants and toddlers.²⁴

Healthy Futures has been responsive and adaptive to the needs of caregivers and teachers during the ongoing pandemic.²⁵ Moreover, the program has continued to expand during the pandemic – despite the operational and financial challenges faced by child development centers and workforce shortages. Healthy Futures is currently in the process of hiring three more early childhood consultants. When fully staffed the

program will have a total of 23 early childhood consultants with a capacity to serve 138 child development facilities in FY2022.²⁶

In light of the pandemic-related increase in children's behavioral health issues that caregivers and educators are encountering now, Healthy Futures is an even more essential tool for meeting the behavioral health needs of children and families in the District.²⁷ Continuing to expand the capacity of this program is essential to achieving the underlying goal laid out in the Birth-to-Three for All Act of 2018, which is for Healthy Futures to reach all subsidy-participating CDCs and home providers in the District.²⁸ To this end, we ask the Council to commit \$700,000 in additional recurring local dollars for Healthy Futures in the FY2023 budget. This will allow DBH to continue to expand the program by 25 to 35 additional child development centers and home providers in FY2023.²⁹ This investment is on track with the expansion of Healthy Futures consultation services in FY21 and to date in FY22.³⁰ Continued strong investment in Healthy Futures is critical to the continued success of this program and we look forward to seeing Healthy Futures grow in its reach to District children, caregivers, and educators.

Community-Based Behavioral Healthcare Provider Reimbursement Rates Must Be Adjusted for Inflation

The current reimbursement rates for DBH-certified providers were set in 2016 and have never been adjusted for inflation.³¹ Although we recognize that DC is currently undergoing a behavioral health reimbursement rate study to improve

reimbursement rates and rate-setting methodologies, the results of this study will not be available in time to inform the FY2023 budget.³² More immediate action is needed in the interim. At minimum, provider reimbursement rates should be adjusted for inflation.³³

At the current reimbursement rates, behavioral health providers in the public system cannot be adequately paid for their services, often meaning they seek employment with private institutions or outside the District.³⁴ It is a basic requirement for a functioning public behavioral health system that reimbursement rates be sufficient to make it financially feasible for providers to offer the full range of behavioral health services needed in our community.³⁵ Behavioral health reimbursement rates should also be on par with reimbursement for physical health conditions – and must be adequate for assessment and diagnosis.³⁶

As we explained in our performance oversight testimony in January, DC's behavioral health system for children lacks an adequate supply and range of behavioral health supports.³⁷ Services are often fragmented and inaccessible due to the scarcity of a particular service or provider, treatment location, inadequate transportation, long wait times, and insufficient care coordination. The current behavioral health workforce is already insufficient to meet the growing needs of District families and their children.³⁸ At the District's current rates the provider network will continue to shrink, and DC's

behavioral health system will continue to fail to meet the needs of children and their families.³⁹

We therefore urge the Council to adjust provider reimbursement rates for inflation by increasing Medicaid billable services through Behavioral Health Rehabilitative Services (BHRS) Local Match (line 6980) by \$8.2 million and increasing non-Medicaid billable services through BHRS (line 6970) by \$2.1 million, for a total of \$10.3 million in additional recurring local dollars.⁴⁰ The \$8.2 million for Behavioral Health Rehabilitative Services (BHRS) Local Match would be matched with federal dollars 3-to-1, resulting in an additional \$24.6 million in spending on behavioral health services in the District.

Conclusion

Thank you for the opportunity to testify today. I welcome any questions the

Committee may have.

⁴ Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Health, (January 24, 2022), *available at*: <u>https://childrenslawcenter.org/wp-</u>

content/uploads/2022/01/TWeerasingha-Cote Childrens-Law-Center-Testimony-for-Jan.-24-2022-DBH-

<u>Oversight-Hearing FINAL-1.pdf</u>. Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Health, (January 24, 2022), *available at*:

¹ Children's Law Center fights so every child in DC can grow up with a loving family, good health and a quality education. Judges, pediatricians, and families turn to us to advocate for children who are abused or neglected, who aren't learning in school, or who have health problems that can't be solved by medicine alone. With more than 100 staff and hundreds of pro bono lawyers, we reach 1 out of every 9 children in DC's poorest neighborhoods – more than 5,000 children and families each year. And, we multiply this impact by advocating for city-wide solutions that benefit all children.

² Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Department of Behavioral Health [RM0], p. E-34.

³ Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Department of Behavioral Health [RM0], p. E-19 through E-35.

https://childrenslawcenter.org/wp-content/uploads/2022/01/TWeerasingha-Cote Childrens-Law-Center-Testimony-for-Jan.-24-2022-DBH-Oversight-Hearing_FINAL-1.pdf. "In October 2021, The American Academy of Pediatrics, the American Academy of Child and Adolescent Psychiatry, and the Children's Hospital Association - together representing more than 77,000 physicians and more than 200 children's hospitals – declared a national state of emergency in child and adolescent mental health." AAP, AACAP, CHA declaration of a national emergency in children's mental health. American Academy of Pediatrics, October 19, 2021, available at: https://publications.aap.org/aapnews/news/17718/AAP-AACAP-CHA-declarenational-emergency-in. In December 2021, the U.S. Surgeon General issued an advisory highlighting the urgent need to address the nation's youth mental health crisis. U.S. Surgeon General Issues Advisory on Youth mental Health Crisis Further Exposed by COVID-19 Pandemic, HHS.gov, December 7, 2021, available at: https://www.hhs.gov/about/news/2021/12/07/us-surgeon-general-issues-advisory-on-youth-mentalhealth-crisis-further-exposed-by-covid-19-pandemic.html. Representing the unified voices of national experts and thousands of medical practitioners working with children across the country, both of these public statements recognize that the pandemic has accelerated trends in worsening mental health for children and youth, creating a deepening crisis that requires urgent action by policymakers to improve access to and quality of behavioral health care for children and youth. Over the past decade, mental health symptoms - including depressive symptoms and suicidal ideation - have been steadily increasing among youth. U.S. Surgeon General's Advisory, Protecting Youth Mental Health, p. 8, 2021, available at: https://www.hhs.gov/sites/default/files/surgeon-general-youth-mental-health-advisory.pdf. Between 2009 and 2019, the proportion of high school students reporting persistent feelings of sadness or hopelessness increased by 40%; the share seriously considering attempting suicide increased by 36%; and the share creating a suicide plan increased by 46%. Id. Between 2007 and 2018, suicide rates for youth aged 10 to 24 years old increased 57% and became the second leading cause of death for youth in this age group. U.S. Surgeon General's Advisory, Protecting Youth Mental Health, p. 8, 2021, available at:

https://www.hhs.gov/sites/default/files/surgeon-general-youth-mental-health-advisory.pdf; AAP, AACAP, CHA declaration of a national emergency in children's mental health. American Academy of Pediatrics, October 19, 2021, available at: https://publications.aap.org/aapnews/news/17718/AAP-AACAP-CHAdeclara patiened emergency in DC has not been immune to these patiened transfer do ______ in the District's mea

declare-national-emergency-in. DC has not been immune to these national trends – in the District's most recent Youth Risk Behavior Survey, approximately a third of DC's high school students (over 10,000 youth) reported depressive symptoms, and 14% of middle school students and 15% of high school students (cumulatively representing over 19,000 children) attempted suicide in the past year. Office of the State Superintendent of Education. "2019 DC High School Sample Statistics," 2019 DC Youth Risk Behavior Survey, p. 3-4, *available at*:

https://osse.dc.gov/sites/default/files/dc/sites/osse/page_content/attachments/2019DCBH%20Sample%20S tatistics.pdf; "2019 DC Middle School Summary Graphs", 2019 DC Youth Risk Behavior Survey, slide 1, available at: https://osse.dc.gov/page/2019-dc-yrbs-data-files. The pandemic has only worsened these disturbing trends. The pandemic has upended social connections in every aspect of children's lives – undermining their sense of safety, security, and belonging. Medical practitioners report "soaring rates of depression, anxiety, trauma, loneliness and suicidality" in children that will have a long-lasting impact on their lives. *AAP, AACAP, CHA declare national emergency in children's mental health. American Academy of Pediatrics*, October 19, 2021, available at: https://publications.aap.org/aapnews/news/17718/AAP-AACAP-CHA-declare-national-emergency-in. Since the start of the pandemic, more than 140,000 children have experienced a pandemic-related death of a caregiver, and emergency department visits for children with mental health emergencies have risen sharply. *Id.* In early 2021, emergency department visits for suspected suicide attempts were 51% higher for adolescent girls and 4% higher for adolescent boys compared to the same time period in early 2019." U.S. Surgeon General's Advisory, *Protecting Youth Mental Health,* p. 9, 2021, *available at:* https://www.hhs.gov/sites/default/files/surgeon-general-youthmental-health-advisory.pdf. ⁵ Over the past few years, several local organizations, including the Children's Law Center, Children's National Hospital, the District of Columbia Behavioral Health Association, Health Alliance Network, Early Childhood Innovation Network, MedStar Georgetown University Hospital Division of Child and Adolescent Psychiatry, Parent Watch, and Total Family Care Coalition, have worked together to develop a plan of action to ensure DC children and families have the behavioral health supports and services they need to thrive. The resulting report, *A Path Forward – Transforming the Public Behavioral Health System for Children, Youth, and their Families in the District of Columbia*, was just released in December 2021 and provides a blueprint for creating a successful public behavioral health system. *A Path Forward* identifies gaps and offers concrete, actionable recommendations in the six domains that the World Health Organization identifies as necessary to a functioning public health system: leadership and governance, financing, workforce, service delivery, information and communications, and technology. These recommendations are informed by best practices around the country, feedback and input from expert stakeholders across the District, and focus groups conducted with District youth and caregivers. *A Path Forward – Transforming the Public Behavioral Health System for Children and their Families in the District*, December 2021, *available at:* https://childrenslawcenter.org/wp-

content/uploads/2021/12/BHSystemTransformation Final 121321.pdf. [hereinafter "*A Path Forward*]. ⁶ On September 30, 2021, the Office of the Chief Financial Office (OCFO) released the September 2021 Revenue Estimates Letter, which reported that for the May 2021 Revenue Estimate used for the FY2022 Budget was adjusted to \$8,580.1 Billion. On February 28, 2022, the OCFO reported the February 2022 revenue estimate for FY2022 was reported as \$9,086.7 Billion. Therefore, the revenue used to set the FY2022 budget as compared to the current revenue estimate is a difference of \$506.6 Million (\$9,086.7-\$8,580.1 = \$506.6). *See* Government of the District of Columbia, Office of the Chief Financial Officer, *Re: September 2021 Revenue Estimates*, September 30, 2021, *available at*:

https://cfo.dc.gov/sites/default/files/dc/sites/ocfo/publication/attachments/Sept_2021%20Revenue%20Esti mate%20Letter.pdf. Government of the District of Columbia, Office of the Chief Financial Officer, *Re: February 2022 Revenue Estimates*, February 28, 2022, *available at*:

https://cfo.dc.gov/sites/default/files/dc/sites/ocfo/publication/attachments/February%202022%20Revised %20Revenue%20Estimates%20for%20FY%202022%20-%202026.pdf.)

⁷Government of the District of Columbia, Office of the Chief Financial Officer, *Re: February* 2022 *Revenue Estimates*, February 28, 2022, *available at*:

<u>https://cfo.dc.gov/sites/default/files/dc/sites/ocfo/publication/attachments/February%202022%20Revised</u> %20Revenue%20Estimates%20for%20FY%202022%20-%202026.pdf.)

⁸ Id.)

9 Id.

¹⁰ Mayor Bowser Presents Fair Shot Budget Proposal, Thursday, May 27, 2021, *available at*: <u>https://mayor.dc.gov/release/mayor-bowser-presents-fair-shot-budget-proposal</u>; Report and Recommendations of the Committee of the Whole on the Fiscal Year 2022 Budget and Corresponding Budget Support Act, July 1, 2021, *available at*:

https://static1.squarespace.com/static/5bbd09f3d74562c7f0e4bb10/t/60de31f31217463998caf97e/1625174516 309/DRAFT+COW+FY2022+Budget+Recommendations.pdf.

¹¹ Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Health, (June 4, 2021), *available at*: <u>https://childrenslawcenter.org/resources/budget-</u>testimony-dbh-0/; Children's Law Center, *DC Kids and Families Need Access to Behavioral Health*,

Strengthening Families Coalition, available at: https://childrenslawcenter.org/dc-kids-and-families-need-

<u>access-behavioral-health/</u>; Strengthening Families Coalition, 2021 Joint Letter: DC Leaders Must Invest Further to Ensure the Long-Term Stability of the School-Based Behavioral Health Program, December 10, 2021, *available at*: <u>https://childrenslawcenter.org/resources/2021-joint-letter-dc-leaders-must-invest-further-to-ensure-the-long-term-stability-of-the-school-based-behavioral-health-program/</u>.

¹² Department of Behavioral Health, UPDATED CBO and DBH Clinicians_MASTERLIST 1.21.2022, *available* at: <u>https://dbh.dc.gov/node/1500291</u>; Cohort 1 School/Provider Status - As of 3.9.2022 ; Cohort 2 School/Provider Status - As of 3.9.2022; Cohort 3 School/Provider Status - As of 3.9.2022; and Cohort 4 School/Provider Status - As of 3.9.2022. All School/Provider Status reports are on file at the Children's Law Center.

¹³ Updates provided at Coordinating Council on January 19, 2022 at the monthly Coordinating Council meeting, on file with the Children's Law Center; Updates provided at Coordinating Council on February 23, 2022 at the monthly Coordinating Council meeting, on file with the Children's Law Center.;

Department of Behavioral Health, Request for Applications, School-Based Behavioral Health Services Comprehensive Expansion (Cohort 4), January 21, 2022, *available at*: <u>https://dbh.dc.gov/page/request-applications-01</u>.

¹⁴ Department of Behavioral Health, November 2021 Coordinating Council on School Behavioral Health Slides, on file with Children's Law Center.

¹⁵ District of Columbia FY2021 Department of Behavioral Health Budget, RM0, p. E-48; District of Columbia FY2022 Department of Behavioral Health Budget, RM0, p. E-48.

¹⁶ KKF, Mental Health in the District of Columbia, December 13, 2021, available at:

https://www.kff.org/statedata/mental-health-and-substance-use-state-fact-sheets/; American

Psychological Association, *Demand for mental health treatment continues to increase, says psychologists,* October 19, 2021, *available at:* <u>https://www.apa.org/news/press/releases/2021/10/mental-health-treatment-demand;</u> District of Columbia Department of Health, *COVID-19 Pandemic Health and Healthcare Recovery Report,* May 2021, *available at:*

https://dchealth.dc.gov/sites/default/files/dc/sites/doh/page_content/attachments/Pandemic-Recovery-Report_May-2021.pdf. .

¹⁷ Elliot C. Williams, *D.C. extends program to dispatch more 911 mental health calls to social workers*, NPR WAMU 88.5, November 15, 2021, *available at*: <u>https://www.npr.org/local/305/2021/11/15/1055789888/d-c-extends-program-to-dispatch-more-911-mental-health-calls-to-social-</u>

workers#:~:text=D.C.%20is%20extending%20a%20pilot%20program%20that%20calls%20on%20the,news %20of%20the%20program's%20extension; Sam P.K. Collins, D.C. Students Voice Demands for More Mental Health Services, The Washington Informer, February 2, 2022, available at:

https://www.washingtoninformer.com/d-c-students-voice-demands-for-more-mental-health-services/. Melissa Millar and Amber Rieke, *Re-Routing Behavioral Health Crisis Calls from Law Enforcement to the Health System*, DC Health Matters Collaborative, May 2021, *available at*:

https://www.dchealthmatters.org/content/sites/washingtondc/ReRouting_Crisis_Response_white_paper_ May_2021.pdf.

¹⁸ DBH FY2020 Performance Oversight Response, response to Q27, *available at*: <u>https://dccouncil.us/wp-content/uploads/2021/06/dbh.pdf</u>.

¹⁹ DBH began to implement the expansion of the school-based mental health expansion program during the 2018-2019 school year. The goal of the program is for all public schools to provide a full array of behavioral health supports at three tiers: (1) Tier 1 encompasses mental health promotion and prevention for all students; (2) Tier 2 includes focused interventions for students at risk of developing a behavioral health problem; and (3) Tier 3 is comprised of intensive support/treatment for individual students who are experiencing a behavioral health problem. *See* Department of Behavioral Health, Guide to Comprehensive Behavioral Health, p. 2-4, available at:

https://dbh.dc.gov/sites/default/files/dc/sites/dmh/page_content/attachments/PRIMARY%20GUIDE_SCH_OOL%20BEHAVIORAL%20HEALTH_JUNE%202019.pdf.

²⁰ Mayor's Proposed FY 2023 Budget and Financial Plan, Volume 4 Agency Budget Chapters – Part III, Department of Behavioral Health [RM0], p. E-32; Mayor Bowser Presents Fiscal Year 2023 Budget Proposal, Wednesday March 16, 2022, *available at:* <u>https://mayor.dc.gov/release/mayor-bowser-presents-fiscal-year-2023-budget-proposal</u>.

²¹ This number is an estimate based on the cost of prior rate studies the District has commissioned. Ultimately, our request is for adequate funding to conduct a comprehensive and informative cost study of the program.

²² According to DBH, the FY2022 grant amount per school is \$77,515. See DBH, November 2021 Coordinating Council on School Behavioral Health Slides, on file with Children's Law Center. Of the \$77,515, only \$70,344 is funded with recurring dollars; \$7,171 is covered by one-time funding from the Council. Adjusting for inflation (using Congressional Budget Office projected inflation and Consumer Price Index for All Urban Consumers monthly data), to keep funding levels consistent in FY2023, the grant amount per school should be \$79,254. We are rounding up to \$80,000 per school for ease of reference/calculation: $$80,000 - $70,344 = $9,656 \times 251$ schools = \$2,423,656 (\$2.4 million) increase in FY2023.

²³ DBH FY2021 Performance Oversight Responses, response to Q45, *available at*: <u>https://dccouncil.us/wp-content/uploads/2022/01/dbh.pdf</u>.

²⁴ Id.

²⁵ DBH FY2021 Performance Oversight Responses, response to Q45, *available at*: <u>https://dccouncil.us/wp-content/uploads/2022/01/dbh.pdf</u>.

²⁶ Id.

²⁷ AAP, AACAP, CHA, Declaration and U.S. Surgeon General's Advisory, *supra* note 4; The White House, *FACT SHEET: Improving Access and Care for Youth Mental Health and Substance Use Conditions*, October 19, 2021, *available at:* <u>https://www.whitehouse.gov/briefing-room/statements-releases/2021/10/19/fact-sheetimproving-access-and-care-for-youth-mental-health-and-substance-use-conditions/; COVID-19 and Children's Behavioral Health in the District: The Pandemic's Impact on Child Behavioral Health Outcomes and the Behavioral Health Care System, Children's National Hospital, June 2021, *available at*:</u>

https://childrensnational.org/-/media/cnhs-site/files/advocacy-and-outreach/child-health-advocacy-institute/covid19-and-childrens-behavioral-health-in-dc.pdf?la=en.

²⁸ DC Law 22-179. Birth-to-Three for All DC Amendment Act of 2018.

²⁹ Ensuring funding of \$700,000 can be used to hire three to five new consultants and more supervisors, with additional funds to cover overhead costs associated with additional professionals and implementation of the program DC Action. *Hudar* 3 DC EV23 Latter to Mayor Bernary 4, 2022

implementation of the program. DC Action, *Under 3 DC FY23 Letter to Mayor Bowser*, February 4, 2022, *available at:* <u>https://www.wearedcaction.org/blog/under-3-dc-fy23-letter-mayor-bowser</u>.

³⁰ In FY21, Healthy Futures expanded to 29 CDCs. In FY22, Healthy Futures is finalizing agreements to expand to an additional 17 centers and is hiring to be staffed up to serve 138 centers by the end of FY22. *See* Department of Behavioral FY20 Health Performance Oversight Responses, response to Q54, attachment 1 of 3,*available at*: <u>https://dccouncil.us/wp-content/uploads/2021/06/dbh.pdf</u>; Department of Behavioral Health FY21 Performance Oversight Responses, response to Q45, *available at*: <u>https://dccouncil.us/wp-content/uploads/2021/06/dbh.pdf</u>; Department of Behavioral Health FY21 Performance Oversight Responses, response to Q45, *available at*: <u>https://dccouncil.us/wp-content/uploads/2022/01/dbh.pdf</u>.

³¹ A Path Forward, Chapter 4, Section 4.3, p. 56.

³²A Path Forward, Chapter 5, Section 5.2, p. 82.

³³ See A Path Forward, Chapter 4, Section 4.4, Recommendation 7, p. 64.

³⁴ Emily Becker-Haimer, David Mandell, and Rebecca Stewart, *It's time to pay for mental health care in America,* The Hill, October 29, 2021, *available at*: <u>https://thehill.com/opinion/healthcare/578794-its-time-to-pay-for-mental-health-care-in-america</u>; Institute of Medicine (US) Committee on Quality Assurance and Accreditation Guidelines for Managed Behavioral Health Care; Edmunds M, Frank R, Hogan M, et al., editors. Managing Managed Care: Quality Improvement in Behavioral Health. Washington (DC):

National Academies Press (US); 1997. 3, *Challenges in Delivery of Behavioral Health Care. Available at:* <u>https://www.ncbi.nlm.nih.gov/books/NBK233224/</u>.

³⁷ Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Health, (January 24, 2022), *available at*: <u>https://childrenslawcenter.org/wp-</u>

content/uploads/2022/01/TWeerasingha-Cote_Childrens-Law-Center-Testimony-for-Jan.-24-2022-DBH-Oversight-Hearing_FINAL-1.pdf.

³⁸ Leah Castelaz, Children's Law Center, Testimony Before the District of Columbia Council Committee on Health, (February 23, 2022), *available at*: <u>https://childrenslawcenter.org/resources/fy22-oversight-testimony-dc-health/</u>.

³⁹ Tami Weerasingha-Cote, Children's Law Center, Testimony Before the District of Columbia Council Committee on Health, (January 24, 2022), *available at*: <u>https://childrenslawcenter.org/wp-</u>content/uploads/2022/01/TWeerasingha-Cote Childrens-Law-Center-Testimony-for-Jan.-24-2022-DBH-

Oversight-Hearing FINAL-1.pdf.

⁴⁰ These are calculated using the Center for Medicare and Medicaid Services Medicare Economic Index change (16.1%) from 2016 Q4 provider costs that are the basis of current rates to Medicare Economic Index forecast 2023 Q1 costs. DHCF uses Medicare Economic Index data for healthcare providers instead of the Bureau of Labor Statistics Consumer Price Index. <u>https://www.cms.gov/Research-Statistics-Data-and-Systems/Statistics-Trends-and-Reports/MedicareProgramRatesStats/MarketBasketData</u>

³⁵ See A Path Forward, Chapter 4, Section 4.3 & 4.4, Gap 6 & Recommendation 7, p. 57, 64.

³⁶ See A Path Forward, Chapter 4, Section 4.4, Recommendation 7, p. 64.

T. Weerasingha-Cote Testimony Exhibit A



DC's School-Based Behavioral Health Expansion Program Bridges Gap Between Students and Vital Services

What is the School-Based Behavioral Health

Expansion Program?

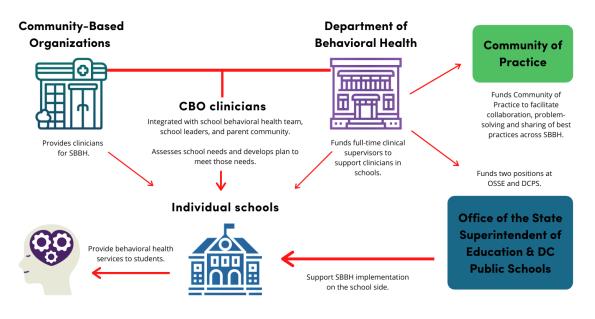
The School-Based Behavioral Health Expansion Program (SBBH) takes a public health approach to addressing children's mental and behavioral health. DC's Department of Behavioral Health (DBH) partners with community-based organizations (CBOs) to place at least one full-time clinician in every DC Public School (DCPS) and public charter school. The goal of SBBH is to provide an array of behavioral health services at three different tiers of support that address school-wide, targeted, and intensive student behavioral health needs.

Thanks to the DC Council's leadership and historic investment in

children's behavioral health in the District's Fiscal Year 2022 budget, the SBBH expansion program now includes all 251 DCPS and public charter schools – and thousands more kids can access the critical services they need.

How Does SBBH Work?

SBBH relies on collaboration between key DC public health and education agencies, CBOs, and local schools. Through this interconnected system, SBBH clinicians can provide critical behavioral health services to all students in DC public schools – year-round and regardless of whether a student is learning remotely or in-person.



Tier 3 Intensive support for individual students. Tier 2 Focused interventions for

Tier 1

students at risk of developing behavioral health problems.

Behavioral health promotion and prevention for all students.

Why Do We Need SBBH?

This fall, thousands of child behavioral health professionals and children's hospitals across the nation declared a national state of emergency in child and adolescent mental health amid skyrocketing rates of negative behavioral health outcomes – such as depression, anxiety, and grief – induced by the physical, mental, social, and emotional toll of the pandemic. Black and brown children and children from low-income families, who already had far worse behavioral health outcomes prior to the pandemic, are especially vulnerable – as are their families and broader communities. Given that students spend most of their time in school, SBBH is one of DC's best tools for improving student access to behavioral health care.

Access to SBBH Has Led to Better Student Outcomes

As SBBH is fully expanded to all DC public schools this fiscal year, we value the positive feedback provided by clinicians so far – as well as their demonstrated impact on the well-being of District children and families:

• From Victoria Isola, Simon Elementary School (Ward 8)

I started working with a student in January 2020. He had a hard time expressing what was bothering him and would shut down and start crying. We have been working on learning emotions, self-regulation, coping skills, using 'l' statements, brainstorming solutions and picking the best solution for conflicts. He has made great improvement in our sessions, in school, and at home. His mom reported that he is able to tell her what is bothering him without shutting down and crying. We had our last session on October 28th, and he expressed that he was excited and proud of himself!

• From Molly Zinkgraf, Jefferson Middle School Academy (Ward 6)

A student was referred to me during the pandemic due to lack of engagement in school, sleeping most of the day, and reports of anger toward family members in response to his father's incarceration. I supported the student in developing coping tools to help with difficult emotions during the pandemic. He was discharged in October due to his progress and meeting his treatment goals. Today, the student is a member of the football team, receives multiple positive referrals from teachers, and is on track for the honor roll. He reports feeling excited about applying to high school and continuing to play football.

• From Ta-Tanisha Hawkins, Patterson Elementary School (Ward 8)

Patterson successfully started off this new in-person learning with a bang. The behavioral health team conducted our first in-parent meeting of the 2021-22 school year. Due to new school safety protocols, we improvised outside and had ten parents and school staff members in attendance. The focus was to engage parents to provide them support in adjusting to this new normal of staying connected with the school and their student's teacher. September was also suicide prevention month, and parents were provided psychoeducation on how to identify signs and symptoms of distress, anxiety, and sadness in their children, as well as how to talk to their kids about managing their strong emotions and how to and who to seek out for help.

We urge the Mayor and the Council to continue providing the essential funding needed to fully realize SBBH's benefits – and to ensure that critical behavioral health services are accessible to thousands of DC children and families now and in the years to come.

For more information, contact Qubilah Huddleston at <u>qhuddleston@dcfpi.org</u> or Tami Weerasingha-Cote at <u>tweerasi@childrenslawcenter.org</u>.